

Family Promise of Whitfield County – 2nd Annual

Family Promise Run For Hope



5K Race & 1 Mile Fun Run/Walk

Saturday, October 2, 2010 – 8:30 a.m. (Rain or Shine)

1 Mile Fun Run/Walk at 8:30, followed immediately by 5 K Run

To be held at First Baptist Church of Dalton in Dalton, GA

Entry Fee and Registration: Entry forms **must** be completed in full, **signed by the participant (legal guardian if under 18yrs old)**. Early Registration Fee \$15 (must be postmarked by September 24). Late Registration and Race Day Fee \$20. Race day registration and packet pick up will begin at 7 a.m.

Race Course: Course will begin and end at 1st Baptist Church near Waugh and Jones St, Dalton, GA, and is a USATF certified course.

Awards: **5K Run:** Awards will be given to first, second, and third place finishers (male and female) in each category, and an Overall Male and Female First Place Award will be given; **Age Groups:** 10 and under, 11-14, 15-19, 20-24, 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over.) Awards must be picked up the morning of the race, they will not be mailed. **1M Fun Run/Walk:** not competitive, but all participants will receive a ribbon.

T-Shirts: Each participant for the 5K and the 1M will receive a T-Shirt. Late registrants will receive shirts, but may need to pick them up 2 weeks later at a designated location TBA. Door prizes will be given.

For further race information call: Chuck or Shirley Woodhead, Race Coordinators: 706-694-0099

Family Promise of Whitfield County is a non-profit organization committed to helping low income families with children achieve lasting independence through the aid of local churches and volunteers. The mission is to provide short term shelter, food, case management and hospitality. All proceeds from this event will go towards support of the Day Center, in Dalton, Georgia, and general operating expenses of the organization. www.familypromisewhitfield.com

Do Not Detach

Entry Form 'Family Promise Run For Hope' - October 2, 2010

Name: _____

Date of Birth: _____ Age: _____

Sex: Male Female

Address: _____

City: _____ State: _____

Zip: _____ Phone: _____

E-Mail Address: _____

Emergency Contact:

Name: _____

Phone: _____

5K Race

1M Fun Run/Walk

T-Shirt Size: (Circle Size)

Adult: S M L XL XXL

Make checks payable to:

Family Promise Whitfield County
(indicate 'Run For Hope' in memo)

Mail completed form and entry fee to:

Family Promise of Whitfield County
P.O. Box 2162
Dalton, GA 30722

Please make certain to sign below (Parent signature is required in order for minors to participate!)

Athlete's release: please read and sign and date below.

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decision of the race official relative to my ability to safely complete the run. I assume all risk associated with running in this event including, but not limited to: falls, contact with other participants, the effects of weather, including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Family Promise of Whitfield County, and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event.

Signature (Parent signature if under 18 years)

Date